

**MINUTES OF THE IHSA SPORTS MEDICINE ADVISORY COMMITTEE MEETING**  
**April 18, 2012**

The IHSA Sports Medicine Advisory Committee met via teleconference on Thursday, April 18, 2012, beginning at 10:00 a.m. Committee members present were Dr. Richard Everett; Gregory Gaa; Dr. Cynthia LaBella; Adam Tarr; Robert Williams, Minooka; and Dr. Preston Wollin (via conference call). Also in attendance was Associate Executive Director Kurt Gibson. Not present were member Dr. James Green; Dr. Bill Marcuzzo and Dr. James Rehberger.

**ADMINISTRATIVE RECOMMENDATIONS:**

**1. Clarify Host Responsibility for Medical Personnel**

**Recommendation:** The committee recommends the following language be added to all manager's manuals: The home team or host shall be responsible to make arrangements for medical personnel for state series contests. Medical personnel shall include, but not be limited to, ambulance, licensed physicians, EMT's, certified athletic trainers, chiropractic physician, physician assistants.

**Rationale:** The committee believes it is prudent for the association to try and streamline for state series hosts in all sports a minimum level of medical coverage a host should try to provide. The committee is concerned with the lack of current direction for schools in terms of medical coverage during the state series and believes this recommendation will not be unduly burdensome on the host.

Died for lack of motion

**2. Continuation of PES Testing Program**

**Recommendation:** The committee recommends the continuation of the association's PES Testing Program for the 2012-13 school terms without any changes to the current program.

**Rationale:** The committee believes the testing program is continuing to serve as an effective deterrent for students. Additionally, the committee is encouraged by the results from the PES survey and also encourages the association to continue conducting a PES testing survey each year to gather and evaluate data on an on-going basis, data that can be used to evaluate the effectiveness of the program over time.

Approved by consent

**ITEMS OF GENERAL DISCUSSION:**

1. The committee reviewed the minutes of its December 2011 meeting.

2. The committee discussed reviewing the defeated by-law proposal from earlier this year concerning a pre-season practice model for football with the idea that, after some modification(s), it could be re-submitted for member consideration next year.
3. The committee heard a presentation from Kari Cotton, Illinois Academy of Physician Assistants, and Kristine Healy, Northwestern University Feinberg School of Medicine, representing the Illinois Academy of Physician's Assistants (IAPA), requesting that group's inclusion on the association's list of approved health care providers who can provide clearance for student-athletes to return to play following a head injury/concussion. After thoughtful consideration of their request, the committee did not make the recommendation to alter its current list.
4. The committee discussed the wrestling skin condition form and found it current for continued use.
5. The committee reviewed the association's PPE form and offered no changes to it for the 2012-13 school term.
6. The committee reviewed the results of the PES testing program survey conducted by the association since January 2012 and the association's PES Testing Program.
7. The committee discussed the status of the association's football playoff injury report. Data from this past season is currently being compiled and a full report will be prepared for the committee's November 2012 meeting.
8. The committee reviewed the 2 new by-laws that will go into effect on July 1, 2012, that relate to sports medicine.
9. The committee reviewed and discussed the status of Senate Bill 2550.